

The Grounded Path to Passionate Living

Realize Your Mystical Magnificence as “Simple Normal State”



Spend 4 Amazing days in the Majesty of Mt. Shasta

We are in this life to live our unique, unobstructed, Creative Self Expression. Our visions, gifts, talents, intelligence and capacities are meant to be fully actualized. We are meant to be our Noble Self in comfortable harmony with All, and rest in the peace of mind, heart and being as we walk our path of Conscious Enlightened Presence.

If we are not living in unencumbered joyful and happy participation with this Infinite Source, we are living a dulled version of our True Nature.

Join Angelique Jan Pera, Mary St. Marie and Edward Maesen for a 4-day retreat in the sacred sanctuary and activating beauty of Mt Shasta. You will have the time, space, experiences and teachings available to help you access this radiant Source living within and all around you. This is an opportunity to participate in further awakening of your True Presence.

We will help uncover what causes disconnection from this True Self by examining mis-perceptions and mis-creations that fuel a life lived from Fear rather than from the center of your Soul's knowing.

Through four days of facilitated experiences, we help you:

- Reconnect you to your passionate purposefulness
- Trust your True and Noble Self
- Ferret out negative limiting beliefs, attitudes and thoughts that block your connection to Truth, Vision and Creativity
- Dissolve obstructions and obstacles that keep you from trusting your direct knowing of your Divine Self Expression

We will use a variety of modalities to achieve these outcomes, including:

- Ceremony and ritual
- Sound Vibrational Healing
- Hands on Healing Touch
- Guided Inner Exploration
- Guided Imagery and Visualizations
- Meditation
- Mountain Time and Attention to Addressing the Moment

“You are only as passionately conscious and productive as you are free of your negative beliefs, thoughts and attitudes”
Angelique Jan Pera

“Realize the Mystical as the Practical and Beauty...it comes...”
Mary St. Marie



Angelique Jan Pera is a Psycho-Spiritual therapist in San Francisco. She has been assisting individuals, couples and families to express their Unique Passionate Self as an aspect of the Whole. She has been practicing in private sessions, workshops and retreats in the USA, Europe and Mexico for 35 years.



Mary Saint-Marie inspires, catalyzes and initiates others nationally and internationally since 1988 to come into an awareness of the Presence of Oneness. She helps ones to birth and land their inner vision and calling that they might know the 'mystical as the practical'.



Edward Maesen is an inspired Sound Vibrational Healing Initiator assisting people since 1992 to harmonize with their sense of Self. He holds the vibrations of Wholeness so that one may experience All that Is.

Retreat Specifics

- Date/Time:** March 20th 2014, 7:00pm--March 24th, 2014, 12:30pm
- Location:** Mt. Shasta Resort on Lake Siskiyou with full views of Mt Shasta
- Price:** \$1725, double occupancy accommodation with 2 queen beds in each lodge.
- Alternate Price:** \$1500, if you are intending to book your own lodging. You will want to book directly with Mount Shasta Resort. Book ASAP due to time of year.
- What to bring:** Information will be provided upon sign up.

For more information email:
angelique@letempledelesprit.com
marysaintmarie@finestplanet.com